

CLASS SPECIFICATION
County of Fairfax, Virginia

CLASS CODE: 3132

TITLE: HOME HEALTH AIDE

GRADE: S-14

DEFINITION:

Under direct supervision, performs entry level work in providing safe, quality health, therapeutic recreational and nutritional services to impaired senior participants in the Adult Day Health Care Program, and performs related work as required.

DISTINGUISHING CHARACTERISTICS OF THE CLASS:

The Home Health Aide performs entry level work in providing personal care assistance to seniors in the Adult Day Health Care Program, while the Senior Home Health Aide serves as a resource and a lead to the Home Health Aide and takes on the more complex and difficult participant issues.

ILLUSTRATIVE DUTIES:

Provides personal care services, assisting with activities of daily living for participants in the ADHC Program;

Insures the safety and well being of participants during personal care by using appropriate precautions and guidelines

Assists with clinical services such as vital signs, strength training and special therapies;

Monitors for and reports changes in participants' behavior, participation in activities, eating/personal habits and general well-being;

Works to maintain an overall pleasant environment in the center;

Participates and contributes in staff meetings and daily rounds;

Assists with planning, sets up and conducts therapeutic recreational activities as scheduled;

Replenishes supplies as necessary and stores activity equipment after use;

Completes documentation in accordance with agency protocol, licensing and Medicaid requirements;

Under the direction of the Senior Home Health Aide, plans and serves meals, based on special dietary needs of participants, and requirements of CMP, licensing and health department;

Maintains a clean, safe, pleasant and healthy environment in the dining area and kitchen;

Observes and assists participants during meals.

REQUIRED KNOWLEDGE, SKILLS AND ABILITIES:

Ability to accurately observe, record and note changes in behavior, participation, and general well-being of participants;

Ability to prioritize competing demands of participant care and documentation;

Ability to learn protocols and procedures for safely and effectively assisting physically and mentally impaired adults with the activities of daily living;

Ability to safely assist an adult weighing up to 150 lbs from bed to chair and from sitting to standing;

Ability to communicate clearly both orally and in writing;
Ability to communicate effectively with cognitively impaired adults;
Ability to establish and maintain friendly rapport with physically and/or mentally disabled adults;
Ability to learn procedures for managing anxious, agitated or aggressive behavior;
Ability to learn safe food handling practices.

EMPLOYMENT STANDARDS:

Any combination of education, experience, and training equivalent to a High School Diploma or GED.

CERTIFICATES AND LICENSES REQUIRED:

Must achieve certification in CPR and First Aid within one year of employment.
Must be able to achieve Limited Food Handlers Certification within one year of employment.

REVISED: August 1, 2006
REGRADED: July 8, 2006